

Speakers' Bios

Stephanie R. Moore, DNP, APRN, ACNS-BC

Stephanie is an Oncology CNS at Cancer Treatment Centers of America® in Tulsa; she joined the staff in January 2012. She is certified by the American Nurses Credentialing Center. She earned a Doctor of Nursing practice from Oklahoma City University, a Master of Science degree in nursing (Acute Care Clinical Nurse Specialist) from the University of Oklahoma, and a Bachelor of Science degree in nursing from East Central University in Ada, Oklahoma.

Currently, Stephanie provides care in the outpatient medical oncology clinic in the Gastroenterology Center at CTCA and facilitates the survivorship support program. She serves on the Transformational Leadership Committee, the Cancer Committee, and is a member of the Breast Program Leadership Committee. Additionally, she is President for the Oklahoma Association of Clinical Nurse Specialists (OACNS).

Previously, Moore served in nursing roles at hospitals in Oklahoma, and Kansas. She has been active in academia as an instructor and Director of the Acute Care Clinical Nurse Specialist Program at the University of Oklahoma College of Nursing. She is a two-time winner of the school's Outstanding Faculty of the Year Award.

Stephanie enjoys spending time with her family and knitting. She also enjoys learning and supporting schools in her hometown of Broken Arrow, Oklahoma. She volunteers as a Girl Scout Troop leader in her community and mentors young women in her church.

Caroline Coussens, APRN-CNS, BC

Caroline was born and raised in New Orleans, Louisiana. She came to Oklahoma to attend Oral Roberts University where she met her husband Brent (of almost 35 years) and obtained a Bachelor of Science degree in nursing. She earned a Master of Science degree in nursing as a Clinical Nurse Specialist from the University of Oklahoma College of Nursing. She is certified by the ANCC in Adult Health. She assumed her entire career would be specialized in Oncology, but this would not be the case. In the year 2001, she left her career in Oncology to embark on an incredible adventure – to start a free clinic for the uninsured in one of the neediest areas in the city of Tulsa. Eighteen years and thousands of patients later, The Tulsa Dream Center Medical Clinic is now partnered with Good Samaritan Health Services and continues to serve the uninsured adult population of North Tulsa.

Caroline is married, has 3 children and 6 grandchildren. She enjoys spending time with her growing family.

Joanne L. Alderman, MS-N, APRN-CNS(C), RN-BC

Gerontological Clinical Nurse Specialist-Board Certification-ANCC
Physician/APRN-GCNS Collaborative LTC/ALC Community Practice

Joanne has lived and worked in Tulsa, Oklahoma since 1971. She received her Associate Degree in Nursing from Tulsa Junior College in 1975. Following 18 years of Critical Care Nursing at Saint Francis Hospital in Tulsa, she then received her BSN in Nursing in 1991 and following acceptance to The University of Oklahoma Master's Degree Program, she graduated in 1993 with a Master of Science Degree with a Major in Nursing-Gerontological Clinical Nurse Specialist Tract.

Joanne is Board Certified in Gerontological Nursing through The American Nurses Credentialing Center and Certified by the Oklahoma Board of Nursing and The State of Oklahoma to practice as an Advanced Practice Nurse with Prescriptive Privileges.

Joanne has held the appointment of Clinical Assistant Professor (Adjunct Faculty) at The University of Oklahoma. She is a member of the National Nursing Honor Society, National and State Gerontological Nurses Associations, National and State Clinical Nurse Specialist Associations, The American Geriatrics Society, served as a member of The Ethics & Aging Seminar Planning Committee since 1994 and Joanne also served as a Board Member of the National Gerontological Nurses Association and President of the organization.

Joanne is an Independent Practitioner working within a Collaborative Model with Supervisory Physicians – A requirement for Prescriptive Privileges in Oklahoma. She manages the care of patients in the Nursing Home, Assisted Living Center, and Acute Care Hospital and has practiced in a Long-Term Acute Care Hospital (LTAC). She has held staff appointments as Allied Health Professional at Tulsa Regional Medical Center, Specialty Hospital at TRMC and Meadowbrook Specialty Hospital of Tulsa.

Joanne brought The NICHE Program to Tulsa Regional Medical Center (TRMC) and taught the CNA's, LPN's and RN's. She taught in the classroom and on the Clinical Units. Additionally, she brought The NICHE Program to two Nursing Homes in Tulsa with a Grant from The Oklahoma State Department of Health (OSDH) in 2015 and completed the education program, through December 2017, writing her summation to OSDH in February 2018.

Joanne has extensive experience with the older adult; normal and abnormal aging changes, Alzheimer Type Dementia, Acute and Chronic Illnesses, Function, Nutrition, Psychosocial needs and the ability to refer to other Health Care Professionals who also care for the Older Adult. Joanne also believes patients, residents and families need education as well as our staff in our health care facilities.

Kristy Baker, MS, APRN-CNP, BC-ANP

Kristy Baker has been an Advanced Practice Registered Nurse for almost 15 years. She graduated with a Bachelor's degree in Nursing in 1993 from Southwestern Oklahoma State University and a Master's in Nursing Education from the University of Oklahoma in 2003. She completed a Post-Master's Certificate in Heart Failure Management from the University of Southern Indiana in 2003 and a Post-Master's Certificate as an Adult Nurse Practitioner from Saint Louis University in 2006. She is a 2014-2015 Fellow of the Duke-Johnson and Johnson Nurse Leadership Program.

Opening her own practice in May of 2006 was a dream come true. Kristy quickly realized that a large majority of her patients had Diabetes or Cardiometabolic Disease. She began focusing on Cardiometabolic risk reduction and implemented lifestyle, weight loss and diabetes management as her primary focus. Her programs have been used as Grand Rounds presentations to medical students at the University of Oklahoma. After joining Integris Medical Group in 2014, the need for diabetes management in rural Oklahoma became so great she added telemedicine clinics to her practice and sees patients for diabetes management in partnership with their primary care providers, from all over Western Oklahoma. She enjoys speaking about diabetes and heart disease and in her spare time enjoys reading, gardening and cooking with her husband and daughter.

Debbi McCulloch DNP, MS, APRN-CNP, RN-BC

As an RN since 1987, and a Family Nurse Practitioner since 2005 her passion has been to care for the physical, mental, emotional and spiritual needs of patients and their families.

Her work and professional volunteer experience ranges from providing primary care in a free clinic for the homeless to end-of-life care in a state-of-the-art facility. Also, disaster care in post-hurricane New Orleans and post-earthquake Port au Prince, and most recently patients facing opioid use disorders.

Her education includes a Doctor of Nursing Practice from the University of Alabama at Birmingham, a Master of Nursing from the University of Oklahoma, a Bachelor of Nursing from Southern Nazarene University, an Associate of Nursing from Redlands Community College and a Certificate of Global Health from Sparkman Center for Global Health at the University of Alabama at Birmingham.

She has held a DATA 2000 Waiver to prescribe Buprenorphine since 2017.

Amanda Spencer, APRN, NP-C

Amanda is an Adult-Gerontology Nurse Practitioner in Oklahoma City. She graduated from the University of Oklahoma Health Sciences Center with her BSN in 2009 and then again with her MSN in 2015. She has over 10 years of experience caring for cardiac patients and currently works at Oklahoma Heart Hospital in the Center for Heart Failure. Her passion is teaching patients about their disease processes and empowering them to take control of their health and wellness. Amanda believes the nursing model is the perfect approach to healthcare as it puts the patient first and focuses on the entire well-being of the patient, not just their disease process. In addition to allopathic medicine, Amanda is a firm believer in safely supporting patients in their desires to also utilize natural medicine. She believes the best approach to health is an integrative one, combining the two modalities. In addition to teaching patients she also enjoys teaching nurses, colleagues, and the community about health, wellness, and disease management.

Joyce C Tow, APRN-CNP, WHNP-BC, MSN, PhD - Women's Health Nurse Practitioner

Joyce Tow received her Bachelor of Science degree in nursing at the University of Central Oklahoma, Edmond, OK in 1993. She received her Master of Science in nursing degree in the advanced practice women's health program at the University of Nebraska Medical Center, Omaha, NE in 2005 where she also graduated with a Doctor of Philosophy degree in 2014. Her nursing practice included military nursing in both the U.S. Army and U.S. Air Force, nursing professor at Creighton University College of Nursing and the University of Central Oklahoma, and advanced practice nursing most recently with the OB-GYN Department at OU-Tulsa, Women's Healthcare Specialists. Dr. Tow retains national certifications as a Women's Health Care Nurse Practitioner and Inpatient Obstetric Nurse. Special interests and research experience for Dr. Tow include military nursing roles, combat stress of women, maternal mental disorders, breastfeeding satisfaction and transition to parenthood, preconception management, and perinatal bereavement. Her favorite leisure activities include gardening, sewing and quilting.

K. Cherene Black, APRN-CNS

An expert clinician, master practitioner and educator committed to the provision of the highest quality of health care services in a variety of delivery settings. A pioneer in the development of contemporary nursing practice. Deliberate assessment, diagnosis, planning, intervention and evaluation of a full range of human responses to actual or potential health problems. Demonstrates an interdisciplinary approach to achieve a positive impact on client care outcomes. Integrates the skills of expert clinician, educator, consultant, researcher and administrator into an effective leadership role.

Russell Rooms, MSN, APRN, FNP-BC

Russell "Rusty" is the owner and lead Nurse Practitioner of Diversity Family Health, a private practice clinic specializing in the care of the LGBT+ community in Oklahoma. He also serves as Health Equality Coordinator/Advanced Practice Nurse for OU Medicine. He is a master's prepared Emergency Clinical Nurse Specialist and Nurse Practitioner with over 28 years of experience in emergency care and hospital administration. Russell uses his education and experience concentrating bridging gaps in healthcare whether it be removing barriers for the LGBT+ community or building processes to improve hospital operations. Russell spent two and a half years with Tele Tracking Technologies Inc.® with Avanti® consulting, specializing in leadership coaching for healthcare systems that are centralizing patient logistics. Russell has been part of the OU Medicine family off and on since 1992 in various clinical and leadership roles, previously as the Associate Chief Nursing Officer for Emergency and Access Services. Other roles have included Health Equality Coordinator, Director, Clinical Nurse, and part of the Aeromedical Transport Team. Skilled in Lean Six-Sigma and Studer principles, Russell specializes in coaching leaders in process and leadership change to increase the quality and efficiency of care. He also works keeps up his skills in urgent care with Access Medical Center. Russell has experience as a small business owner providing travel medical services and consulting and is also responsible for designing and implementing Forensic Nursing Services for a seven-hospital system in south Texas. Russell has ADHD.

Serina Madden, APRN-CNP

Serina Madden, APRN-CNP, has been a nurse practitioner for almost four years. While she has experience across the continuum of care with pediatrics to adult; her commitment to access to care and improving health outcomes for all has brought her to the health department. While starting in Family Planning and supporting women's health at OSDH initially; she has been a part of PrEP education and HIV case management this past year. Coordinating efforts with partners like Diversity Family Health and Guiding Right; she looks to expand efforts and work with partners across the state this year. She looks forward to exploring these topics with you today and ensuring your education supports the future medical needs of your patients.

Amy Siple, MSN, CNS, FNP, GS-C

Amy Siple has been a national speaker on health care issues that impact older adults as well as the empowerment of their caregivers for more than 20 years. She maintains an active practice as a geriatric nurse practitioner and was an associate professor of nursing for over 15 years. She is recognized as a leading expert on dementia related topics and has been appointed by two Kansas governors to serve on boards and tasks forces to represent the health care interests of older adults. Amy has spoken for a number of state and national organizations and has been invited to deliver two university commencement addresses. She delivered a Tedx presentation on Dying Well in 2020, is on a Project Echo team, and has been asked to create and deliver content for OSHA. Amy is the President for the Kansas Advanced Practice Nurses Association.

Leah Melton, APRN, CNP, BC-ADM

Leah D Melton was born and raised in Oklahoma. Her childhood dream was to be an Equine Surgeon but life had another plan and calling for her. She studied Nursing at the University of Central Oklahoma and graduated with honors in 2002. Leah proceeded to work as a critical care nurse in the Burn ICU and general ICU before returning to the University of Michigan for her Masters In Nurse Practitioner. After graduating with honors from U OF M in 2012 she worked in an Endocrinology clinic caring for patients with Diabetes. In 2014, after traveling to London and touring the Florence Nightingale Museum, Leah returned home with a renewed goal of advocating for improved access to care for her fellow Oklahomans opening a clinic in Norman specializing in caring for patients with Diabetes. Along with her certification as an Adult Nurse Practitioner, she holds a specialty board certification from the American Association of Diabetic Educators in Advanced Diabetes Management. When Leah is not in her clinic, you can find her riding her favorite Tennessee Walking Horse, Mac, or enjoying the antics of the smartest equines in her pasture, her donkeys, Gracie and Mumsford.

Diana Webber, DNP, APRN-CNP

Dr. Webber has extensive experience as a Registered Nurse and, in the last 13 years, as a Family Nurse Practitioner and nursing educator. She has had clinical advanced practice nursing experience in general pediatrics, women's health, and adult primary care. She is fluent in Spanish; and she has founded and now manages an all-volunteer staffed, free primary care clinic for uninsured persons in southeast Oklahoma. She currently works part time in a community pediatric clinic for the Spanish-speaking population, and she serves as a part-time clinical professor in the University of Oklahoma Health Sciences Center Fran and Earl Ziegler College of Nursing Family Nurse Practitioner program. One of her passions is to serve as a volunteer health care provider in international, cross-cultural settings.

Sonia George, APRN-CNP,

Sonia is certified by the American Academy of Nurse Practitioners Certification Board. After completing her undergraduate degree in nursing in 2004, Sonia went on to earn her Master of Science in Nursing from the University of Oklahoma Health Sciences Center in 2015. She currently works at SSM Health Medical Group Gastroenterology. In her spare time, Sonia enjoys playing guitar, coloring, cooking, spending time with her family and participating in church activities.

Kimberly Allen, DNP, APRN-CNP

Family nurse practitioner since 2001. background includes family medicine, women's health and pediatrics.

Received BSN and MS from the University of Oklahoma and completed DNP in 2015 from the University of Alabama at Birmingham.

Faculty from 2005-2104 in the Family Nurse Practitioner Program at the University of Oklahoma and recently returned in the fall as Clinical professor.

Co-owner of a nurse practitioner owned family practice started in 2014.

Stephanie Byrd, DNP, APRN-CNP

Stephanie has been working as a Family Nurse Practitioner since 2001. Her background includes family medicine, obstetrics and gynecology, occupational health, travel medicine, urgent care, and currently, ear nose and throat. She received her BSN and MS from the University of Oklahoma and her DNP and Post-Master's Nurse Educator certificate from Johns Hopkins University. She has served as faculty at Dartmouth-Hitchcock Medical Center, The University of Texas Health Sciences Center in Houston, and has been teaching in the Family Nurse Practitioner Program at the University of Oklahoma since 2011.

Jennifer Roberts, DNP, APRN-FNP-C

Jennifer is a retired Major from the United States Army with over twenty years of service. She is a Family Nurse Practitioner that received her Masters of Science degree from The University of Oklahoma College of Nursing in 2008 and her Doctorate of Nursing Practice degree from Texas Christian University in 2016. She currently teaches at Oklahoma University in the FNP program and works part-time in a family practice clinic treating patients across the lifespan.

Madison J. Riojas, Pharm.D.

Madison is currently a Pharmacy Specialist Resident at INTEGRIS Baptist Medical Center. She attended undergraduate studies and pharmacy school at Southwestern Oklahoma State University in Weatherford, Oklahoma. She was born and raised in Newcastle, Oklahoma and currently lives with her husband in Oklahoma City. Her residency is a broad general residency which gives her the opportunity to work with many of the specialties at INTEGRIS Baptist. However, her area of interest is infectious diseases, and she is working to pursue a full time career as an Infectious Diseases Pharmacy Specialist.