

13th Annual

2020

Advanced Pharmacology Conference

Up to 16.5 Pharm hours & up to 14.25 CEs available,

November 12, 13 & 14, 2020



INTEGRIS



OACNS

*INTEGRIS Baptist Medical Center, Auditorium-Concourse Level
3300 NW Expressway, Oklahoma City, OK. 73112*

Program Objectives

OACNS hosts the conference to give Oklahoma CNSs a local place to obtain pharm hours. OACNS invites any neighboring state's CNSs as well as any other Advanced Practice Registered Nurses needing Pharmacology hours.

Following completion of this workshop, participants will be able to:

- Identify disease management and evidenced-based practice to use in care of a wide range of disease processes such as cardiology, neurology, urology, acute and chronic disease processes.
- Discuss updates in pharmacology related to management of selected medical & mental health disorders.
- Describe the role of the Advanced Practice Registered Nurse in prescribing medications in acute and chronic conditions.

Speakers: Advanced Practice Registered Nurses and Pharmacists will be sharing their expertise with the participants.

Pharmacology Hours: Maximum of 16.5 pharmacology hours possible per participant.

We have been approved, from the Oklahoma Board of Nursing, for 16.5 Total Pharmacology Hours Level B continuing education category.

Nurses wishing to take this course for the purpose of renewal of prescriptive authority recognition are reminded that any pharmacotherapeutic courses for continuing education credit must be relevant to their scope of practice.

Contact Hours: INTEGRIS Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's commission on accreditation. This activity is provided through INTEGRIS Health for 14.25 contact hours if all sessions are attended.

Conference Committee:

Conference Leader – Melissa Craft
Content Expert – April Merrill
Nurse Planner – Tara Rose
Emcee – Stephanie Moore
Co-Emcee – Susan Dresser
Proof reader & Social Media expert – Samantha Kuplicki
Vendor Coordinator – Brittini Kline
Volunteers –
Finance – Susie Keeper
Conference Coordinator – Sandi Cooksey

Hotel Information

We do not have a contract with any certain hotel.
A Google search shows all hotels around INTEGRIS
Baptist Medical Center and approx. cost.

Conference Schedule

Thursday, November 12, 2020 (1.5 Pharm Hour & 1.25 Contact Hour available for this day)

Registration and Sign-In 6:00 pm

- You must check in for the Contact and Pharm Hours to be valid

Welcome 6:10 pm (Conference Rooms F, G, & H)

Session 1 6:15 pm-7:30 pm (dinner presentation)

Medical Cannabis & The Advanced Practice Nurse: An Update

Stephanie Moore, DNP, APRN, ACNS-BC

Caroline Coussens, APRN-CNS, BC

Friday, November 13, 2020 (8 Pharm Hours & 6.64 Contact Hours available for this day)

Registration and Sign-In 7:30 am

You must check in for the Contact and Pharm Hours to be valid - Breakfast on your own

Welcome 8:00 am (Auditorium)

Session 2 8:05 am - 8:55 am

Diabetes Medications: Let's Lessen the Confusion!

Leah Melton, APRN, CNP, BC-ADM

Session 3 9:00 am - 9:50 am

Pharmacologic Management of Chronic Hepatitis C Infection

Diana Webber DNP, APRN-CNP

Dawn Sitler, BSN, RN, CCRN

Break to visit Booths and Posters: 9:50 am to 10:15 am

Session 4 10:15 am - 11:05 am

Understanding Opioid Use Disorder and Medication Assisted Treatment (MAT)

Debbi McCulloch, APRN-CNP

Session 5 11:10 am - 12:00 pm

Essential Oils – Part 2

Amanda Spencer APRN, NP-C

Lunch (provided) Poster & Booth Visits 12:00 pm - 1:00 pm

Session 6 1:00 pm - 1:50 pm

Pharmacologic Advances in the Treatment of Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis (NASH)

Diana Webber, DNP, APRN-CNP; Jennifer Roberts, DNP, APRN-CNP

Stephanie Byrd, DNP, APRN-CNP; Kimberly Allen, DNP, APRN-CNP

Session 7 1:55 pm - 2:45 pm

Polypharmacy and the Older Adult

Joanne Alderman, MSN, APRN-GCNS, RN-BC

Break: 2:45 pm-3:00 pm

Session 8 3:00 pm - 3:50 pm

Update on HIV Prevention, Treatment and Eradication

Russell Rooms, MSN, APRN-CNP & Serina Madden MSN, APRN-CNP

Session 9 3:55 pm - 4:45 pm

Antiarrhythmic Drug Therapy for Atrial Arrhythmias

Christopher Webber, APRN-CNP, FNP-C, CCDS

Saturday, November 14, 2020 (7 Pharm Hours & 5.81 Contact Hours available for this day
Breakfast on your own)

Registration and Sign-In 7:30 am

You must check in for the Contact and Pharm Hours to be valid -

Welcome 8:00 am (*Auditorium*)

Session 10 8:05 am - 8:55 am

Treatment and Prevention of Antimicrobial Resistance

Madison J. Riojas, Pharm.D.

Session 11 9:00 am - 9:50 am

Medication-Assisted Treatment for Substance Use Disorders

Kay Cherene Black, APRN-CNS

Break to visit Posters: 9:50 am-10:05 am

Session 12 10:05 am - 10:55 am

Updates in Anticoagulation

Candace Becker, APRN-CNS-BC

Session 13 11:00 am - 11:50 pm

Inflammatory Bowel Disease (IBD)

Sonia George, APRN-CNP

Lunch (provided) Poster Visits 11:50 pm - 12:35 pm

Session 14 12:35 pm - 1:25 pm

Heart Failure Beyond HFREF: Other Cardiomyopathies and an Overview of Amyloidosis

Amanda Spencer, APRN, NP-C

Session 15 1:30 pm - 2:20 pm

Current Pharmacological Treatments for Pulmonary Hypertension

Conner Patton, Pharm.D., MBA

Session 16 2:25 pm - 3:15 pm

It IS All in the Head

Teresa Etter, APRN-CNS

Registration Information

Register online at www.oacns.org

Early Bird Pricing Until October 25!!	Full Conf	Fri & Sat Only	Thurs Only	Fri Only	Sat Only
1-OACNS Members & INTEGRIS Employee	\$295	\$280	\$40	\$195	\$170
2-Non-OACNS Members	\$395	\$375	\$40	\$225	\$200
3-Student OACNS Members & Student INTEGRIS Employees	\$135	\$120	\$40	\$90	\$80
4-Student Non-Members	\$165	\$150	\$40	\$105	\$90
OACNS Board Members	\$90	\$90	\$25	\$60	\$50
Speakers and Conference Committee Members	\$10	\$10	\$10	\$10	\$10

If you are **not** a member of OACNS but are an INTEGRIS Employee, please email Sandi@oacns.org to get a discount **before you pay**.

Pricing Starting October 26 th	Full Conf	Fri & Sat Only	Thurs only	Fri Only	Sat Only
1-OACNS Members & INTEGRIS employees	\$335	\$320	\$50	\$215	\$190
2-NON-OACNS Members	\$435	\$425	\$50	\$245	\$220
3-Student OACNS Members & Student INTEGRIS employees	\$155	\$140	\$50	\$110	\$100
4-Students Non-OACNS Members	\$185	\$170	\$50	\$125	\$110
OACNS Board Members	\$110	\$110	\$35	\$70	\$60
Speakers and Conference Committee members	\$10	\$10	\$10	\$10	\$10

Questions: E-mail webmaster@oacns.org for any questions

(OACNS) Oklahoma Association of Clinical Nurse Specialists Federal Tax ID# 80-0647003

- Accommodations on the basis of disability for the conference center are available; including vegetarian and gluten free meals, please e-mail preferences to sandi@oacns.org by October 21st 2020
- Program Changes: OACNS reserves the right to substitute speakers, cancel or rearrange sessions due to low enrollment or other unforeseen circumstances. OACNS does not reimburse for hotel, airfare or any other expenses related to the conference.
- Conference Material will be available online to download prior to the conference. You will receive an email with the link to the handouts when they become available from the speakers. Some presenters might not have handouts.
- The evaluations will be electronic again this year. We will utilize QR codes, so you will need a QR code app on your phone. The QR code will be given to you during the presentation for you to complete the evaluation.
- We understand that things happen. Cancellation Policy: Cancellations are subject to a \$50 service charge; cancellations must be received by November 1st; there will be no refunds after November 1st, but you may send someone in your place; email webmaster@oacns.org the name of the substitute.
- Refunds will be processed up to four weeks after the conference; PayPal refunds will be faster.

Speakers' Bios

Stephanie R. Moore, DNP, APRN, ACNS-BC

Stephanie is an Oncology CNS at Cancer Treatment Centers of America® in Tulsa; she joined the staff in January 2012. She is certified by the American Nurses Credentialing Center. She earned a Doctor of Nursing practice from Oklahoma City University, a Master of Science degree in nursing (Acute Care Clinical Nurse Specialist) from the University of Oklahoma, and a Bachelor of Science degree in nursing from East Central University in Ada, Oklahoma. Currently, Stephanie provides care in the outpatient medical oncology clinic in the Gastroenterology Center at CTCA and facilitates the survivorship support program. She serves on the Transformational Leadership Committee, the Cancer Committee, and is a member of the Breast Program Leadership Committee. Additionally, she is President for the Oklahoma Association of Clinical Nurse Specialists (OACNS).

Previously, Moore served in nursing roles at hospitals in Oklahoma, and Kansas. She has been active in academia as an instructor and Director of the Acute Care Clinical Nurse Specialist Program at the University of Oklahoma College of Nursing. She is a two-time winner of the school's Outstanding Faculty of the Year Award.

Stephanie enjoys spending time with her family and knitting. She also enjoys learning and supporting schools in her hometown of Broken Arrow, Oklahoma. She volunteers as a Girl Scout Troop leader in her community and mentors young women in her church.

Caroline Coussens, APRN-CNS, BC

Caroline was born and raised in New Orleans, Louisiana. She came to Oklahoma to attend Oral Roberts University where she met her husband Brent (of almost 35 years) and obtained a Bachelor of Science degree in nursing. She earned a Master of Science degree in nursing as a Clinical Nurse Specialist from the University of Oklahoma College of Nursing. She is certified by the ANCC in Adult Health. She assumed her entire career would be specialized in Oncology, but this would not be the case. In the year 2001, she left her career in Oncology to embark on an incredible adventure – to start a free clinic for the uninsured in one of the neediest areas in the city of Tulsa. Eighteen years and thousands of patients later, The Tulsa Dream Center Medical Clinic is now partnered with Good Samaritan Health Services and continues to serve the uninsured adult population of North Tulsa.

Caroline is married, has 3 children and 6 grandchildren. She enjoys spending time with her growing family.

Leah Melton

Diana Webber, APRN-CNP

Dr. Webber has extensive experience as a Registered Nurse and, in the last 13 years, as a Family Nurse Practitioner and nursing educator. She has had clinical advanced practice nursing experience in general pediatrics, women's health, and adult primary care. She is fluent in Spanish; and she has founded and now manages an all-volunteer staffed, free primary care clinic for uninsured persons in southeast Oklahoma. She currently works part time in a community pediatric clinic for the Spanish-speaking population, and she serves as a part-time clinical professor in the University of Oklahoma Health Sciences Center Fran and Earl Ziegler College of Nursing Family Nurse Practitioner program. One of her passions is to serve as a volunteer health care provider in international, cross-cultural settings.

Debbi McCulloch DNP, MS, APRN-CNP, RN-BC

As an RN since 1987, and a Family Nurse Practitioner since 2005 my passion has been to care for the physical, mental, emotional and spiritual needs of patients and their families.

My work and professional volunteer experience ranges from providing primary care in a free clinic for the homeless to end-of-life care in a state-of-the-art facility. Also, disaster care in post-hurricane New Orleans and post-earthquake Port au Prince, and most recently patients facing opioid use disorders.

My education includes a Doctor of Nursing Practice from the University of Alabama at Birmingham, a Master of Nursing from the University of Oklahoma, a Bachelor of Nursing from Southern Nazarene University, an Associate of Nursing from Redlands Community College and a Certificate of Global Health from Sparkman Center for Global Health at the University of Alabama at Birmingham.

I have held a DATA 2000 Waiver to prescribe Buprenorphine since 2017.

Amanda Spencer, APRN, NP-C

Amanda is an Adult-Gerontology Nurse Practitioner in Oklahoma City. She graduated from the University of Oklahoma Health Sciences Center with her BSN in 2009 and then again with her MSN in 2015. She has over 10 years of experience caring for cardiac patients and currently works at Oklahoma Heart Hospital in the Center for Heart Failure. Her passion is teaching patients about their disease processes and empowering them to take control of their health and wellness. Amanda believes the nursing model is the perfect approach to healthcare as it puts the patient first and focuses on the entire well-being of the patient, not just their disease process. In addition to allopathic medicine, Amanda is a firm believer in safely supporting patients in their desires to also utilize natural medicine. She believes the best approach to health is an integrative one, combining the two modalities. In addition to teaching patients she also enjoys teaching nurses, colleagues, and the community about health, wellness, and disease management.

Kimberly Allen, DNP, APRN-CNP

Family nurse practitioner since 2001. background includes family medicine, women's health and pediatrics.

Received BSN and MS from the University of Oklahoma and completed DNP in 2015 from the University of Alabama at Birmingham.

Faculty from 2005-2104 in the Family Nurse Practitioner Program at the University of Oklahoma and recently returned in the fall as Clinical professor.

Co-owner of a nurse practitioner owned family practice started in 2014.

Stephanie Byrd, DNP, APRN-CNP

Stephanie has been working as a Family Nurse Practitioner since 2001. Her background includes family medicine, obstetrics and gynecology, occupational health, travel medicine, urgent care, and currently, ear nose and throat. She received her BSN and MS from the University of Oklahoma and her DNP and Post-Master's Nurse Educator certificate from Johns Hopkins University. She has served as faculty at Dartmouth-Hitchcock Medical Center, The University of Texas Health Sciences Center in Houston, and has been teaching in the Family Nurse Practitioner Program at the University of Oklahoma since 2011.

Jennifer Roberts, DNP, APRN-FNP-C

Jennifer is a retired Major from the United States Army with over twenty years of service. She is a Family Nurse Practitioner that received her Masters of Science degree from The University of Oklahoma College of Nursing in 2008 and her Doctorate of Nursing Practice degree from Texas Christian University in 2016. She currently teaches at Oklahoma University in the FNP program and works part-time in a family practice clinic treating patients across the lifespan.

Joanne L. Alderman, MS-N, APRN-CNS(C), RN-BC

Gerontological Clinical Nurse Specialist-Board Certification-ANCC
Physician/APRN-GCNS Collaborative LTC/ALC Community Practice

Joanne has lived and worked in Tulsa, Oklahoma since 1971. She received her Associate Degree in Nursing from Tulsa Junior College in 1975. Following 18 years of Critical Care Nursing at Saint Francis Hospital in Tulsa, she then received her BSN in Nursing in 1991 and following acceptance to The University of Oklahoma Master's Degree Program, she graduated in 1993 with a Master of Science Degree with a Major in Nursing-Gerontological Clinical Nurse Specialist Tract.

Joanne is Board Certified in Gerontological Nursing through The American Nurses Credentialing Center and Certified by the Oklahoma Board of Nursing and The State of Oklahoma to practice as an Advanced Practice Nurse with Prescriptive Privileges.

Joanne has held the appointment of Clinical Assistant Professor (Adjunct Faculty) at The University of Oklahoma. She is a member of the National Nursing Honor Society, National and State Gerontological Nurses Associations, National and State Clinical Nurse Specialist Associations, The American Geriatrics Society, served as a member of The Ethics & Aging Seminar Planning Committee since 1994 and Joanne also served as a Board Member of the National Gerontological Nurses Association and President of the organization.

Joanne is an Independent Practitioner working within a Collaborative Model with Supervisory Physicians – A requirement for Prescriptive Privileges in Oklahoma. She manages the care of patients in the Nursing Home, Assisted Living Center, and Acute Care Hospital and has practiced in a Long Term Acute Care Hospital (LTAC). She has held staff appointments as Allied Health Professional at Tulsa Regional Medical Center, Specialty Hospital at TRMC and Meadowbrook Specialty Hospital of Tulsa.

Joanne brought The NICHE Program to Tulsa Regional Medical Center (TRMC) and taught the CNA's, LPN's and RN's. She taught in the classroom and on the Clinical Units. Additionally, she brought The NICHE Program to two Nursing Homes in Tulsa with a Grant from The Oklahoma State Department of Health (OSDH) in 2015 and completed the education program, through December 2017, writing her summation to OSDH in February 2018.

Joanne has extensive experience with the older adult; normal and abnormal aging changes, Alzheimer Type Dementia, Acute and Chronic Illnesses, Function, Nutrition, Psychosocial needs and the ability to refer to other Health Care Professionals who also care for the Older Adult. Joanne also believes patients, residents and families need education as well as our staff in our health care facilities.

Russell Rooms, MSN, APRN, FNP-BC

Russell “Rusty” is the owner and lead Nurse Practitioner of Diversity Family Health, a private practice clinic specializing in the care of the LGBT+ community in Oklahoma. He also serves as Health Equality Coordinator/Advanced Practice Nurse for OU Medicine. He is a master’s prepared Emergency Clinical Nurse Specialist and Nurse Practitioner with over 28 years of experience in emergency care and hospital administration. Russell uses his education and experience concentrating bridging gaps in healthcare whether it be removing barriers for the LGBT+ community or building processes to improve hospital operations. Russell spent two and a half years with TeleTracking Technologies Inc.® with Avanti® consulting, specializing in leadership coaching for healthcare systems that are centralizing patient logistics. Russell has been part of the OU Medicine family off and on since 1992 in various clinical and leadership roles, previously as the Associate Chief Nursing Officer for Emergency and Access Services. Other roles have included Health Equality Coordinator, Director, Clinical Nurse, and part of the Aeromedical Transport Team. Skilled in Lean Six-Sigma and Studer principles, Russell specializes in coaching leaders in process and leadership change to increase the quality and efficiency of care. He also works keeps up his skills in urgent care with Access Medical Center. Russell has experience as a small business owner providing travel medical services and consulting and is also responsible for designing and implementing Forensic Nursing Services for a seven-hospital system in south Texas. Russell has ADHD.

Serina Madden, APRN-CNP

My name is Serina Madden, APRN-CNP. I have been a nurse practitioner for almost four years. While I have experience across the continuum of care with pediatrics to adult; my commitment to access to care and improving health outcomes for all has brought me to the health department. While starting in Family Planning and supporting women’s health at OSDH initially; I have been a part of PrEP education and HIV case management this past year. Coordinating efforts with partners like Diversity Family Health and Guiding Right; we look to expand our efforts and work with partners across the state this year. I look forward to exploring these topics with you today and ensuring your education supports the future medical needs of your patients.

Christopher A. Webber MSN, APRN-CNP, CCDS

Christopher Webber is a family nurse practitioner employed at Oklahoma Heart Institute in Tulsa, Oklahoma. He completed a bachelor degree in nursing from East Central University in Ada, Oklahoma in 2009 and graduated from the University of Oklahoma Health with a masters degree in nursing in 2015. After working in primary care for a year and a half, he began working with Oklahoma Heart Institute in 2016. In 2019, he passed the IBHRE certified cardiac device specialist exam and has applied for fellowship with the Heart Rhythm Society. He continues to practice in the area of cardiac electrophysiology in both the inpatient and outpatient setting. In 2021 he will complete the post masters acute care nurse practitioner program through the University of Pennsylvania.

Madison J. Riojas, Pharm.D.

I am currently a Pharmacy Specialist Resident at INTEGRIS Baptist Medical Center. I attended undergraduate studies and pharmacy school at Southwestern Oklahoma State University in Weatherford, Oklahoma. I was born and raised in Newcastle, Oklahoma and currently live with my husband in Oklahoma City. My residency is a broad general residency which gives me the opportunity to work with many of the specialties at INTEGRIS Baptist. However, my area of interest is infectious diseases, and I am working to pursue a full time career as an Infectious Diseases Pharmacy Specialist.

K. Cherene Black, APRN-CNS

An expert clinician, master practitioner and educator committed to the provision of the highest quality of health care services in a variety of delivery settings. A pioneer in the development of contemporary nursing practice. Deliberate assessment, diagnosis, planning, intervention and evaluation of a full range of human responses to actual or potential health problems. Demonstrates an interdisciplinary approach to achieve a positive impact on client care outcomes. Integrates the skills of expert clinician, educator, consultant, researcher and administrator into an effective leadership role.

Candace Becker, APRN, CNS-BC



Sonia George, APRN-CNP

Conner Patton, Pharm.D., MBA

Conner Patton is a Pharmacy Specialist Resident at INTEGRIS Baptist Medical Center. He graduated from Southwestern Oklahoma State University in May 2019 with his Doctor of Pharmacy and Master of Business Administration degrees. Conner plans to continue furthering his clinical education with a Post Graduate Year 2 Residency in Solid Organ Transplant.

Teresa Etter, MS, ACNS-BC, CCNS

Teresa obtained her Clinical Nurse Specialist degree in 2007 and took her first position at St. Mary's Hospital as Critical Care CNS in 2008. She worked there for two years, streamlining best practices in the cardiac surgery recovery program. In 2010, she started working in wound care and started her own extended-care wound business, treating chronic wounds in nursing home patients. Since 2015, she has been working at Enid Pain and Spine's interventional pain clinic, where she currently sees patients with chronic pain. She is responsible for risk screening, identifying addiction behaviors and monitoring medication adherence in her patients. She is also a BioTE provider, helping men and women with hormone replacement.