

CNS spotlight

The Official Newsletter of the Oklahoma Association of Clinical Nurse Specialists

Vol. 4, Issue 4 • Spring 2004

THE PRESIDENT'S PASSAGE

By Marci L. Nolop, RN, MS, CCNS

I am so thrilled to welcome all of you to OACNS! Thank you for being part of a very dynamic organization and I challenge each and every one of you to invite fellow CNS's across the state of Oklahoma to join our membership and to become active in the support of the CNS organization at the state and national level. Together, we can do great things! At last count, we have 79 OACNS members and 55 who are members of the National Association of Clinical Nurse Specialists. Let's grow our membership this year.

I am truly honored to be this year's President of OACNS. 2003 was a very busy and exciting year for OACNS. We enjoyed great fellowship and networking during our fall membership meeting and our 2nd Annual Spring Conference was very successful. Our 3rd Annual OACNS Spring Conference will be held on April 16th at Mercy Hospital and will be spectacular. I will look forward to meeting you there!

As you will read in articles written within this newsletter, we have also been busy working with the Oklahoma Board of Nursing (OBN) on the Advanced Practice Subcommittee on Certifying Bodies. In addition, we have engaged communication from OBN regarding the language that now exists regarding the scope of practice for the CNS's. The question at hand is whether to open the Oklahoma Nurse Practice Act (NPA), which contains a description of what an advanced practice CNS does in the statute, but not use the words "scope of practice". In the rules and regulations portion of the Nurse Practice Act, there is no scope of practice statement for CNS's, although there is for Nurse Practitioners. This may create confusion and even may suggest to some that we have no scope of practice. It is very important that our scope of practice

be clearly defined.

This debate is not a new one. Previously, many hours of work and thought have been spent on this matter, although I am not clear if many within our membership were aware of this. Opening the NPA can be very precarious and must be done with a solid foundation of preparation and understanding of the process. Therefore we must proceed with caution and diligence. It also requires financial stamina and a solid working relationship with legislators who support and understand the scope of practice of the CNS. Despite the intention of our goal, opening the NPA could allow changes to be made that might be outside of our control. Therefore, it is my strong conviction that before we proceed, we must lay our groundwork carefully. First and foremost, I believe that our membership should be aware of the issues, be able to voice their ideas, and make decisions that will be for the good of CNS's across the state of Oklahoma. The support and agreement of the membership is a necessity because change would impact every one of us.

We will continue to dialogue with OBN regarding this issue. Let's join our collective voice and become more involved with our legislators. Consider participation in "Nurse of the Day" and spend a day at the capital talking with the House and Senate. Meet the ONA/CNS lobbyist Vicki White Rankin and let's continue to keep the voice of the Clinical Nurse Specialist strong. Each of our voices must be joined together to be one solid, strong chorus to support the vision and scope of Clinical Nurse Specialist. I would love to hear your thoughts, concerns, and ideas and welcome you to e-mail me at marci.Nolop@integris-health.com

ADVANCED PRACTICE SUBCOMMITTEE ON CERTIFYING BODIES

By Susan Dresser, OACNS Immediate Past President

The committee met in February to continue work on trying to review the various certifying bodies that are currently recognized by the Oklahoma Board of Nursing for CNS practice. There are many certification exams that currently are recognized. We presented the exam eligibility requirements, whether or not standards of practice were written, and whether the certification exam was recognized and accredited by either the American Board of Nursing Specialties or the National Commission for Certifying Agencies. The attempt is to clarify and hopefully provide the Board of Nursing a recommendation as to which certifications will be accepted in the future for advanced practice as a CNS.

NACNS PRACTICE COMMITTEE UPDATE

By Susan Dresser, OACNS Immediate Past President

The Practice Committee is continuing work on providing feedback to NACNS regarding the portfolio method of certifying CNSs who do not have an advanced certification exam at the national level. The portfolio is felt to be a viable option of demonstrating competency for those CNSs. We meet monthly to discuss this and other issues related to CNS certification. If any of you have strong opinions regarding this issue and would like them communicated to the NACNS BOARD please feel free to email me and I will discuss it at our next meeting.

OACNS BOARD OF DIRECTORS 2004

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Waiting to hear from the following:

Pfizer

Eli Lilly

Oklahoma Beef Council

Cephalon

Genentech's new XOLAIR

(Craig Bloom)

Sanyko Pharmaceuticals

Exhibitors

Janssen Pharmaceuticals

GlaxoSmithKline (GSK)

Pfizer Pharmaceuticals

Astra Zeneca

Takeda Pharma

Mike's Medical

Eli Lilly

Aventis Metabolism

OACNS 2004 SPRING CONFERENCE

We invite you to join us for the Oklahoma Association of Clinical Nurse Specialists

(OACNS) Third Annual Conference. The conference will be held at Mercy Health Center in Oklahoma City, Friday, April 16, 2004. Since its inception, the annual conference has been an excellent educational opportunity, as well as a great

networking avenue with other advanced practice nurses.

Make plans to attend this exciting conference on April 16 by submitting a completed registration form. You will have a chance to learn from our interesting speakers and visit with exhibitors who will be on hand to discuss the latest information and products.

Oklahoma Association of Clinical Nurse Specialists Third Annual Conference Mercy Health Center, Oklahoma City, Oklahoma April 16, 2004

8:00-8:10 am *Welcome*

OACNS President Marci Nolop, RN, MS, CCNS

8:10-11:00 am *Update on Diabetes Management*

Virginia Valentine, MS, RN, CN, CDE
CEO Diabetes Network, Inc. Albuquerque, NM

Virginia Valentine, MC RN CN CDE, is a nationally known expert in the nursing care and the disease state management of clients with diabetes. She has many publications, textbook chapters and is very active in the American Diabetes Association and serves on several national boards striving to improve the recognition and care of people with diabetes.

11:30 – 12:30 pm..... *Management of Hyperglycemia in the Postoperative Period Following Heart Surgery*

Kela Lindsay, MS, RN, CS and John Muchmore, MD, FACP

Kela Lindsey, MS RN CNS CCRN is the Cardiovascular CNS at Integris Heart Center at Integris Baptist Medical Center. She has spent the last two years working with patients with hyperglycemia following heart surgery.

John Muchmore, MD FACP is a well-known endocrinologist in practice at Integris Baptist Medical Center and provides the medical expertise in the study and care of hyperglycemic heart surgery patients as well as patients with diabetes.

12:30-1:15 pm *Lunch and Visit Exhibitors*

1:15 – 4:15 pm *“HEARTMATH” for You and Your Patients*

Beverly Patchell, MS, RN, CNS
Susan Radcliffe, MS, RN, CNS

Beverly Patchell, MC RN CNS, is a Psych/Mental Health CNS, a certified HeartMath trainer and Project Director of the American Indian Nursing Student Success Program at the University of Oklahoma College of Nursing. She works with active people across the state and country to explore and develop innovative approaches for success in education and nursing.

Susan Radcliffe, MN RN BC MHR CNS OCN, is a certified HeartMath trainer and faculty member at the University of Oklahoma College of Nursing. Her focus in the clinical, academic, and practice settings is on optimizing personal performance; she applies her expertise in this area in her work with students in the Generic Master's Program. Her clinical background is in oncology nursing.

4:15 - 4:30 pm *Evaluation and Closing Comments*

To register, simply fax in the completed registration form on page 3.



OKLAHOMA ASSOCIATION OF CLINICAL NURSE SPECIALISTS (OACNS)
THIRD ANNUAL CONFERENCE
REGISTRATION FORM

First Name as per name tag _____

Last Name _____

Credentials _____

Address _____

City _____ State _____ Zip Code _____

Daytime Telephone _____ Fax _____

Email _____

Place of Employment _____

REGISTRATION FEES: (includes lunch)

Registration Before April 1, 2004

- OACNS Member, \$80.00
- Non Member, \$125.00
- CNS Student, OACNS Member, \$40.00
- CNS Student, Non Member, \$75.00

Registration After April 1, 2004

- OACNS Member, \$100.00
- Non Member, \$175.00
- CNS Student, OACNS Member, \$60.00
- CNS Student, Non Member, \$100.00

**Please make checks payable to:
Oklahoma Association of Clinical Nurse Specialists (OACNS)
(Federal Tax ID # 73-1587583) and forward to
OACNS • PO Box 18447
Oklahoma City, OK • 73154-0447
(405) 524-9850 • (405) 524-0810 fax**

Please bill my: VISA Mastercard

Card number _____

Exp date _____

Signature _____



OACNS Membership Form

PERSONAL INFORMATION

Name: (Last) _____ (First) _____ (MI) _____

Home Address: _____ City: _____

State: _____ Zip: _____ County: _____

Home Phone #: () _____ Cell/Pager: () _____

WORK INFORMATION

Employer (Name of Business): _____

Address: _____ City: _____

State: _____ Zip: _____ Office Phone #: () _____

Office Fax #: () _____ Email: _____

Clinical Specialty: _____

Are you a member of NACNS? _____ Yes _____ No

Are you a member of the Oklahoma Nurses Association? _____ Yes _____ No

What is your specialty through your certifying body? _____

Membership Levels	OACNS Dues <i>(if only joining OACNS)</i>	OACNS Dues <i>(receive a discount if joining both OACNS & NACNS)</i>	NACNS Dues
Regular	\$75.00	\$52.00	\$98.00
Associate	\$50.00	Not available	Not available
Student	\$25.00	\$9.50	\$65.50

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Oklahoma City, OK • 73154-0447
(405) 524-9850 • (405) 524-0810 fax

Please bill my: VISA Mastercard

Card number: _____

Exp date: _____

Signature: _____



MEET A FEW OF YOUR OACNS BOARD OF DIRECTORS

OACNS President

Marci L. Nolop, MS, RN, CCNS

Marci L. Nolop is a Clinical Nurse Specialist for Integris Southwest Medical Center. Graduating from the University of Central Oklahoma in 1994 with a BSN, Marci practiced as an ICU RN at Saint Anthony Hospital from 1994-2002. During that time, she also worked as a home health case coordinator. Marci completed her MS from the University of Oklahoma Health Sciences Center in 2002 as a CNS in Acute and Critical Care Adult Nursing with a cardiovascular focus. Prior to working at SWMC, Marci was instrumental in the planning and opening of the Oklahoma Heart Hospital from 2002-2003. Marci is the current President for OACNS and serves on the Advanced Practice Subcommittee on Certifying Bodies.

Marci has been a single mother for 15 years, raising three sons, Dan (22), Zach (20), and Ryan (17) and will be married in April to the love of her life, Tom. An animal fanatic at heart, she raises cocker spaniels and five cats own her! Born in Morocco, North Africa, Marci has spent several years in Germany, but has always called Oklahoma home.

OACNS Secretary

Stacey Rose RN, MS, CNS

The role of secretary for the OACNS involves recording the minutes of the board meetings and maintaining these records, providing written correspondence with individuals associated with OACNS, and participating in discussions and decisions of the OACNS board. Participating in this capacity has provided me with a greater understanding of the political components and needs of CNSs at both the state and national level. My profession as a CNS within a respiratory clinic has been enriched by my participation with the OACNS. I am more keenly aware of the certification issues that plague the CNS population and am in a great place to educate the general public about the role and history of the CNS.

OACNS Director At Large, Programs

Susan Goodwin, MS, RN, CNS, CPAN

Susan is a perianesthetic CNS in practice at the Surgery Center of Edmond. She is the nurse manager of the preoperative and postoperative areas as well as the compliance coordinator, and oversees JACHO, Oklahoma and OSHA compliance, infection control, risk management, performance improvement, and environment of care. She has been in practice for 26 years, most of it in perianesthesia. She served as the editor of the *Journal of Perianesthesia Nursing* for 6 years, and has authored a number of publications, both in journals and in books.

OACNS Director At Large, Community Relations

Robin R Potter-Kimball, Psych R.N. M.S CNS

- Private Practice at Oklahoma Psychological Center.
- Creative healing in traditional and complementary modalities of Hypnosis and Healing Touch certifications.
- Prescriptive authority
- Adjunct clinical professor of OU School of Nursing and co- founder of Nursing Networks, providing support groups for nurses recovering from addiction.
- Active member of ONA/ANA and current Chair for the Political Activities Committee and serving on the Governmental Activities Committee and Oklahoma Nurse Assistance Program.
- Member of Sigma Theta Tau.

“My Big Girl Job”

I can not remember a time in my life when I did not want to be a nurse “just like my mother”. I am the typical career ladder R.N. from LPN to ADN then BSN and finally the coveted Psych CNS. I knew this was my dream and professional goal as soon as I graduated with my ADN. My journey took many twists and turns, but each one made me the creative healer that I am today. This path has taken me through the traditional modalities to include prescriptive authority along with the complementary modalities of healing touch and hypnosis. My journey continues with the emphasis on healing the whole body. New teachings and techniques are being encountered on this path. I have been in private practice at the Oklahoma Psychological Center for the last year and LOVE the freedom, and flexibility that private practice offers. This concept of being my own boss both scares and excites me. My greatest challenge is learning to sell and promote ME, as well as I promote nursing and my peers. I have and continue to be involved in the Oklahoma Nurses Association and the National and State CNS Associations.

I offer gratitude to my dear sweet Granny who made me promise I would complete my Masters degree. I have found a fantastic supervising physician Dr. Sergio Sanchez, and appreciate the collaborative relationship and respect that reiterates the positive aspects of my chosen path. I am growing and I am in the early stages of development of this new and exciting professional challenge and have NEVER been more enthused to start each new challenge the day brings forth.



Oklahoma Association of Clinical Nurse Specialists
PO Box 18447
Oklahoma City, OK 73154-0447

IMPORTANT OACNS DATES TO REMEMBER

March 24, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

April 16, 2004

OACNS Third Annual Conference
Mercy Health Center in Oklahoma City

April 28, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

May 19, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

June 16, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

July 14, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

August 11, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

September 15, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

September 23, 2004

OACNS Fall Membership Meeting
Location TBA 5:30 PM

October 20, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

November 17, 2004

OACNS Board of Directors Meeting
AMS Office in OKC, 5:30 PM

BE A NURSE OF THE DAY AT THE STATE CAPITOL



WHO: CNS's from the state who realize the importance of political involvement in their practice and profession

WHAT: Nurse of the Day Spend the day at the capitol and have full privileges of the House and Senate with formal introductions from your elected official. Meet the ONA/ CNS lobbyist Vicki White Rankin

WHEN: available dates can be obtained along with further instructions from the Oklahoma Nurses Association 405-840-3476

WHERE: Oklahoma State Capitol, 2300 North Lincoln Boulevard, Oklahoma City